

THANK YOU!



Thank you for joining us this year!

Have a safe trip home!

SEE YOU AT ACA !!

ASGW Events at ACA in Pittsburgh



Also check out the...

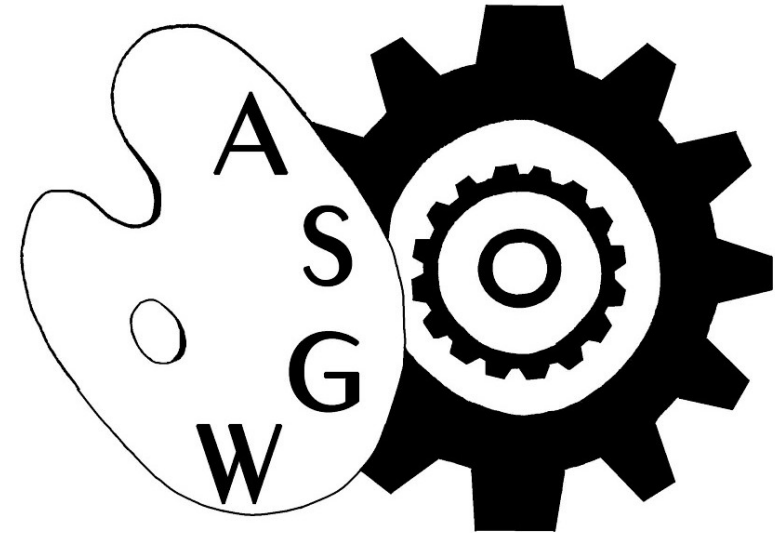
Multicultural-Social Justice Leadership Development Academy

a free pre-conference event to be held Friday March 19

ASGW Executive Board Meeting	Thursday	March 18
ASGW Executive Board Meeting	Friday	March 19
ASGW Professional Development	Saturday	March 20
ASGW Luncheon	Saturday	March 20
ASGW 2008-2009 / 2009-2010 Leadership & Committee Meeting	Saturday	March 20
ASGW Journal for Specialists in Group Work	Saturday	March 20
ASGW General Business Meeting	Saturday	March 20
ASGW, ACC, ACES, Joint Reception	Saturday	March 20
ASGW Branch Presidents and Graduate Students Brunch	Sunday	March 21
ASGW Fellows Symposium	Sunday	March 21
ASGW Fellows Committee Meeting	Sunday	March 21
ASGW "Welcoming Graduate Students and New Professionals" Reception	Sunday	March 21

Please note that the Ancillary schedule is still subject to change. A final schedule will be available in January

THE ART & SCIENCE OF GROUP WORK



Association for Specialists in Group Work

Biennial Conference
February 18-21, 2010
New Orleans, Louisiana



CONFERENCE AT A GLANCE

Day	Time	Event
2/18 Thursday	9am-5pm	Executive Board Meeting
	1-5pm	ASGW Day of Service
	1-5pm	Emerging Leaders Workshop
	1-5pm	Emerging Scholars Workshop
2/19 Friday	9-10am	Opening Session
	10:15-11:45am	Workshops
	Noon-1:30pm	ASGW Luncheon
	1:45-5:15pm	Workshops
	1:45-5:15pm	3.5 hr Ethics Workshop
2/20 Saturday	8am-noon	Workshops
	Noon-1:30	Lunch on Your Own
	1:30-5pm	Workshops
	5pm-8pm	Poster Sessions & Networking Reception
2/21 Sunday	9am-10am	Workshops
	10:15am-11:15am	Closing Session

At All Times Connecting * Networking * Community * Fun

THANK YOU TO OUR SPONSORS!

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MEETING AND BANQUET FACILITIES AND CAPACITIES



2nd Floor

ASGW Luncheon

Agenda

Presiding... Don Ward
ASGW President

Welcome... Don Ward
ASGW President

Special Conference Jonathan Orr
Recognition... Conference Coordinator
Victoria Palmisano
Chair, Graduate Student Committee
Stephanie Eberts

ASGW Emerging Richard Hayes and Bree Hayes
Leaders... Emerging Leaders Workshop

ASGW Emerging Deborah Rubel
Scholars... Emerging Scholars Workshop

Barbara Gazda Kelly McDonnell
Scholarship Presenter

Recipients...

Keynote... Rex Stockton
ASGW Past-President and Fellow

Concluding Remarks... Jonathan Orr
Conference Coordinator

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ASGW MISSION STATEMENT

The Association for Specialists in Group Work is a division of the American Counseling Association. As counseling professionals who are interested in and specialize in group work, we value the creation of community; service to our members, their clients, and the profession; and leadership as a process to facilitate the growth and development of individuals and groups.

The purpose of the Association shall be to establish standards for professional and ethical practice; to support research and the dissemination of knowledge; and to provide professional leadership in the field of group work. In addition, the Association shall seek to extend counseling through the use of group process; to provide a forum for examining innovative and developing concepts in group work; to foster diversity and dignity in our groups; and to be models of effective group practice.

PICTURES! PICTURES! PICTURES!

We encourage you to take lots of pictures while you are here at the conference and in the city. Please document your good time with ASGW and New Orleans. We would also encourage you to select pictures that show how fun ASGW is as an organization and send those pictures to Stephanie Eberts. These pictures will be displayed at our advertisement booth at ACA and other conferences.



Stephanie Eberts

stepheberts@yahoo.com

2009-2010 ASGW Board

President	Don Ward
President-Elect	Bogusia Skudrzyk
Past President	S. Lenoir Gillam
Treasurer	Carmen Salazar
Secretary	Trey Fitch
ACA Governing Council Rep	Carolyn Thomas
Process Observer	Becky Schumacher
Editor, The Group Worker	Amy Nitza



WELCOME!

Conference Welcome from

Donald E. Ward, ASGW President

I would like to extend a big New Orleans welcome to each of you as you begin your experience here at our 2010 ASGW Conference focusing on The Art and Science of Groups! Despite the challenging economic conditions, response and participation appear to be excellent, attesting to the interest and dedication of all of us who conduct, study, and teach group work. The "Big Easy" is known for its hospitality and camaraderie, which provide an atmosphere fostering collegiality and creativity. It is my fervent hope that this atmosphere will develop and prevail to bring us together as a community of group workers and scholars in which we can work together to learn and grow in our attempts to integrate the emerging science and best practices of group work with the linchpin of our commitment to the synergistic power of the process, art, and collegiality of people working together for common goals in group settings.

Opportunities to learn about the art and science of groups will be offered throughout the conference in an Opening Session Friday morning followed by 90 minute and 60 minute skill building sessions, panel discussions, and poster presentations. In fact, an Emerging Leaders program will be facilitated by the dynamic duo of former ASGW Presidents and long-time ASGW Fellows, Richard and Bree Hayes on Thursday, as well as a research mentoring session coordinated by Deb Rubel, and an ASGW Service Day designed to give back to the community. There will then be scheduled events from all day Friday and Saturday and until noon on Sunday, beginning with our Opening Session on Friday morning. Over 70 programs with over 125 presenters will share their skills and knowledge with us. As the sages suggest, if you are not excited and eager as you consider this cornucopia of group work riches, someone had better check to ascertain that you are still breathing! The challenge will be in selecting which presentations you will attend.

Special features of the conference include our luncheon on Friday, with good food and a presentation by Rex Stockton, past ASGW President, long-time ASGW fellow, and icon of ASGW, about his experiences in over 40 years of bridging the gap between group work practice and research. Friday afternoon, internationally-renowned group work experts Jerry and Marianne Corey will present an extended workshop on the very important topic of ethics in group work on Friday afternoon. A reception featuring poster presentations will be held on Saturday early evening. The closing ceremony is scheduled for Sunday morning after the final round of content programs.

There is also plenty of time built into the conference schedule to enjoy all the sights, sounds, and tastes of New Orleans. Current and former New Orleans residents will provide tips and suggestions for getting the most from your visit and for enjoying all the richness of the Crescent City beyond just the French Quarter.

I especially invite you to feel comfortable to greet old friends and introduce yourself and meet new people as we bond in a group learning community this weekend. If you have not experienced ASGW openness and collegiality before, please be assured that all of us are dedicated to learning through our interpersonal experiences and welcome making new friends and colleagues, as well as inviting and nurturing those who are interested

4 in serving the Association for Specialists in Group Work in some fashion!

Past Presidents

1973-75	George M. Gazda
1975-76	Jack A. Duncan
1976-77	Clarence A. Mahler
1977-78	Merle M. Ohlsen
1978-79	John Vriend
1979-80	H. Allan Dye
1980-81	Walter Lifton
1981-82	James Gumaer
1982-83	Rex Stockton
1983-84	Marguerite R. Carroll
1984-85	James Beck
1985-86	Glen R. Martin
1986-87	James V. Wigtil
1987-88	Richard L. Hayes
1988-89	Diana Hulse-Killacky
1989-90	Fannie R. Cooley
1990-91	E. W. Christensen
1991-92	Rosemarie Smead
1992-93	Chuck Kormanski
1993-94	Samuel T. Gladding
1994-95	Bree A. Hayes
1995-96	Robert K. Conyne
1996-97	Beverly M. Brown
1997-98	A. Michael Hutchins
1998-99	Jeremiah Donigian
1999-2000	Arthur M. Horne
2000-2001	Linda Keel
2001-2002	Lynn Rapin
2002-2003	Rod Merta
2003-2004	George Leddick
2004-2005	James Trotzer
2005-2006	M. Carolyn Thomas
2006-2007	Maria Riva
2007-2008	Janice DeLucia-Waack
2008-2009	Lenoir Gillam
2009-2010	Don Ward

ASGW Fellows

1987	George M. Gazda
1988	Fannie R. Cooley, Walter Lifton, Merle Ohlsen
1989	Marguerite R. Carroll, Jack Duncan, Rex Stockton
1990	James D. Beck, Benjamin Cohn, H. Allan Dye
1991	Gerald Corey, Richard L. Hayes, John Vriend, James V. Wigtil
1992	E. W. Christensen, Robert K. Conyne, Marianne Schneider Corey, Diana Hulse-Killacky
1993	Jeremiah Donigian, Arthur M. Horne, Richard Malnati, D. Keith Morran, James P. Trotzer
1994	James Gumaer, Rosemarie Smead, Rebecca Schumacher, M. Carolyn Thomas, Donald Ward
1995	Chuck Kormanski, George Leddick, Kathleen Ritter, Flip Robison, Alan Segrist
1996	none awarded
1997	Jesse B. DeEsch, Samuel Gladding, Jeffrey A. Kottler, Jeffries McWhirter, F. Robert Wilson
1998	Janice DeLucia-Waack, Bree A. Hayes, David G. Zimpher
1999	Holly Forester-Miller, Rod Merta
2000	Ed Jacobs, Lynn Rapin
2001	Michael Hutchins, Beverly Brown, Michael Waldo
2002	John Dagley, Glen Martin, Karen Prichard, Zipora Shechtman, Vernon Sheeley, Marlowe Smaby
2003	Maria Riva
2004	William Kline
2005	Kurt Kraus
2006	S. Lenoir Gillam, Fred Bemak, Michael Wilbur
2007	Michael Garrett, Alicia Homrich
2008	Burt Bertram, Rita Chung
2009	Sheri Bauman

WELCOME

Welcome and Recognition from

Jonathan Orr, Conference Coordinator



I would like to join ASGW President, Don Ward, in welcoming you to the 2010 ASGW National Conference. In New Orleans, LA I am excited for all of the potential that this conference holds for connecting with colleagues, for learning about the art and science of group work, and for enjoying the wonderful sights, sounds and tastes of New Orleans. Building and fostering a sense of community is at the heart of what we do as group workers and there is no better place I can think of at the moment that offers us the opportunity to build community like New Orleans.

You may have noticed on your calendars that we are gathering here in New Orleans just after the carnival season here in New Orleans. The highlight of carnival season tends to be the extravagant parades that are coordinated by various krewes – social aid clubs and organizations that engage in community service for much of the year. Traditionally, parades in Louisiana have represented opportunities for people to come together to celebrate the joy and fun in life and to reestablish connections with one another and the communities in which we live. The krewes are responsible for creating these opportunities for their communities and often they do so without any recognition and no compensation. Simply stated, Mardi Gras krewes work all year to throw one huge party to celebrate their community. This in many ways parallels for me the planning of this conference.

There are so many people and organizations I wish to thank for assistance in planning this conference; these individuals and groups are my krewes. First, I want to thank our krewes captain, Don Ward. He has provided consistent and reliable direction throughout the planning process. I would also like to thank the ASGW Executive Board for their insight and oversight of the planning process for this conference. I am also indebted to the Program Selection Committee that solicited and selected quality programs through which you can enhance your group work skills and understanding. I would like to thank Alicia Homrich and Cyndee Kalodner who mentored me through my first attempt at conference planning. Even more members stepped up to the call for assistance and they are listed on the next page. I extend my appreciation to them for their efforts and ask that you acknowledge their hard work when you have the opportunity throughout the next few days.

Finally, I thank YOU, the dedicated members of ASGW and/or interested group workers who have chosen to attend this conference and support the mission of our association to extend counseling through the use of group process. I hope enjoy the conference our wonderful host city of New Orleans!

Laissez le bon temps rouler!

Mystical Krewe of ASGW 2010

- Program Selection Committee: Cyndee Kalodner & Maria Riva
- Preconference Registration: Becky Schumacher & Carmen Salazar
- Special Events: Jenni Marshall
- Exhibitors and Sponsors: Theresa Coogan
- Website & PayPal Coordination: Trey Fitch
- CEUs: Delini Fernando
- Day of Service: Stephanie Eberts
- Logo Design & Conference Program: Amanda Wolfe
- Conference Swag: Chinwé Williams
- Volunteers & Emerging Leaders: Victoria Palmisano

Morning Sessions cont. 9-10am

Collaborating with the Peace Corps: Group counseling students providing services

Room: Rosedown A *Simone F. Lambert*

The session goal is to describe a mutually beneficial way for group counseling students to obtain experience with actual clients within their group counseling course. A model for working with the Peace Corps Volunteers and related organizations is offered. Handouts will be provided including contact information and group topics addressed.

Closing Session 10:15am-11:15am

Room: International Ballroom

As we bring closure to our experience together here in New Orleans we will take time to reconnect with one another and recollect our stories of learning, networking, and growing together. We will build bridges to who have been here in New Orleans and who we plan to become as we return to our homes. All members of our ASGW group will have the opportunity to reflect on where we have been and share where we plan to go. Transferring our learning from our time together in order to transform our communities at home is a primary goal for this final session.

SUNDAY

From Research Press . . .

Positive Life Changes A Cognitive-Behavioral Intervention for Adolescents and Young Adults by Dr. Nancy G. Guerra

This three-part intervention is designed to teach participants how to become more effective decision makers. It empowers them to recognize their strengths, identify challenges, overcome obstacles, and make life choices that have positive outcomes. Lessons cover topics such as sense of self, impulse control, anger, stress, friendships, relationships, peer pressure, empathy, goal setting, decision-making, and evaluating consequences.

The complete program includes a comprehensive leader's guide and a series of three workbooks — each containing 10 lessons. For use in schools and other settings.

Complete Program — Includes leader's guide and all three workbooks
Item 5575 \$82.60



- Additional Leader's Guide
8 1/2 x 11, 100 pages — Item 5565 \$25.95
- Workbook 1: Who Am I and Where Am I Going?
8 1/2 x 11, 125 pages — Item 5567 \$21.95
- Workbook 2: How Do I Get Along with Others?
8 1/2 x 11, 125 pages — Item 5569 \$21.95
- Workbook 3: How Do I Solve Problems and Make Good Decisions?
8 1/2 x 11, 125 pages — Item 5571 \$21.95

To Order — Send check, organizational purchase order, or credit card information (Visa, MasterCard, Discover, or American Express). Shipping and handling: If your materials total is \$1.00 to \$59.99 add \$6.00; \$60 to \$499.99 add 10%; \$500 to \$1,999.99 add 8%; \$2,000 to \$2,499.99 add 6%; \$2,500 or more add 4%. Illinois customers add 7.5% sales tax unless exempt.

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**THANK YOU FOR
JOINING OUR GROUP!
HAVE A FUN AFTERNOON IN THE CITY !!**

Sunday, February 21st

Morning Sessions

9-10am

The CARE Model:

Using Group Work to Support People Living in Poverty

Room: Madewood A *Louisa L. Foss, Cheri Smith, Laura C. Lentz, Scott Giordano, Breanna L. Sansone*

This presentation will provide an overview of the CARE model, an approach to group work for people living in poverty. The presentation will include a brief review of the literature, small group discussion, presentation of concrete strategies for group leadership, and information packet with complete reference list

The Application of Expressive Arts Modalities in Group Counseling Supervision

Room: Madewood B *Adele Baruch-Runyon, Maria Duffy*

This presentation will explore the application of Expressive Arts modalities within the context of group counseling supervision. We will look at three modalities: drawing, psychodrama, and movement; and experiential exercises will explore the application of drawing and psychodramatic doubling in relation to specific supervisory issues. These applications are informed by the Discrimination Model of supervision (Bernard & Goodyear, 2004) and Vaillant's (1993, 2002) model of mature defensive functioning

A Model of Social Group for Adolescents Having Combined Mental Health and Addictive Disorders

Room: Nottoway A *Marvin W. Clifford*

This presentation will focus on building skills for counselors working with adolescents. The emphasis will be on group work skills for adolescents ages 13 to 18 who have co-occurring disorders; that is combined mental health and addictive disorders. Techniques, interventions theory, evidence based practices, and research will be highlighted for working with adolescents in groups. The importance of working with adolescents' family is discussed. Teaching methods will include didactic, case vignettes, audience participation, role play, sharing of cases, and experience from audience, possible video tape on CD component, and a comprehension hand-out.

An Analysis of the Supervision of Group Work Model and the ASGW Core Skill Objectives

Room: Rosedown B *Brian Wortham*

This session will present the results of a research project investigating the Supervision of Group Work Model (SGW) and ASGW's Core Skill Objectives. Participants will learn how supervisors of group leaders can utilize the SGW while incorporating the Core Skill Objectives in supervision of group leaders. Handouts will be available.



CONFERENCE SCHEDULE

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Thursday, February 18th

Pre-Conference Workshops and Events

Time: 9am-5pm **Executive Board Meeting**

Room: Nottoway A

Time: 1-5pm **Day of Service**

Room: Rosedown B

Coordinator: *Stephanie Eberts*

The focus of the 2010 ASGW Day of Service is sustainable community building. Participants in the Day of Service will have the opportunity to apply their skills and knowledge of group work and to collaborate with mental health professionals in the New Orleans area to transform communities. Using a collaborative model of consultation as a framework, ASGW members will be paired with mental health professionals in the New Orleans area. Together those partners will design groups that can be implemented in community and school settings. These groups will be tailored to meet the specific populations and issues for New Orleans citizens. Furthermore, in designing groups that can be implemented repeatedly, this ASGW Day of Service has the potential to create wide-spread transformation in the lives of many New Orleanians that is sustainable over time. Participating in the Day of Service provides opportunities for ASGW members to create relationships with mental health professionals in New Orleans.

Time: 1-5pm **Emerging Leaders Workshop:**

Room: Rosedown A **"What's Possible?"**

Presenters: *Richard Hayes, Bree Hayes*

Involvement in the 3-hour ASGW Emerging Leaders Workshop is by invitation only. It is intended for those ASGW members who have been identified as being potential leaders in the Association. The workshop is predicated on an "asset development" approach, where the knowledge, skills, and experiences of participants are identified, celebrated, and bolstered through reliance on a variety of group-based involvements. These natural talents are examined in relation to existing leadership opportunities that exist within ASGW, and the question is raised: "What's Possible?" Through participating actively with others in large and small group activities, the emerging leaders also form connections and develop support for their future action planning related to assuming leadership positions in ASGW, and beyond.



Time: 1-5pm

Group Work Research Institute:

Room: Madewood A **Issues, Inspiration, & Ingenuity**

1-1:50 PM **Opening Panel**

**Multiple Perspectives on Group Work Research:
Past, Present, and Future**

Moderators: *Daniel Stroud* Panelists: *Kim Asner-Self, Sheri Bauman, Teresa Christensen, William B. Kline, Deborah Rubel, Anneliese Singh, and Michael Waldo.*

Group work research has been documented as both very important and difficult to undertake. In this panel discussion, well known group work researchers offer their perspectives on the role research has played in the advancement of group work, how far the practice of research has come, what obstacles face the field, and what they see as critical next steps for group work research.

2-2:50 PM **Educational Sessions (A & B)**

**Session A: Quantitative Research on Group Work-
Questions, Methods, Dreams**

Presenters: *Michael Waldo*

Current questions regarding group work process and outcome will be explored, focusing on generating testable hypothesis, research designs, samples, group interventions, assessment procedures, data analysis, reporting results, and ethics. Examples of quantitative group research will be provided. Participants will be encouraged to develop a group research proposal during the meeting.

**Session B: A Systemic Model for the Design of Group Work
Qualitative Research: Maxwell's Model**

Presenters: *William B. Kline, Deborah Rubel*

This workshop will present a systemic model for designing qualitative group work research. Presenters will engage participants in ongoing discussion regarding the conceptualization of this model and will provide a case study approach to illustrate this research design process.

3 - 3:50 PM **Roundtables (A & B)**

**Roundtable A: Integrating a Social Justice Lens into
Qualitative Group Work Research: A Roundtable Discussion.**

Presenters: *Anneliese A. Singh, Teresa M. Christensen*

This roundtable will include a discussion of how qualitative researchers may use a social justice lens in their research designs by attending to issues of power, privilege, and oppression in both the group worker-group member and researcher-participant relationships. Particular emphasis on liberatory, participatory, and feminist qualitative strategies will be presented, especially as they may relate to traditional qualitative data collection (i.e., focus groups) and analysis (i.e., reflexive processes in research teams).

Attendees will have an opportunity to identify most effective methods for integrating these strategies into each step of the qualitative research process with group work."



Poster Sessions

**On-line Group Discussion about Self Injury and Suicide:
A Mixed Method Investigation**

Poster *Jennifer Marshall and Trey Fitch*

Participants will learn about the exposure of college students to online groups and web sites related to self injury and suicide, and they also will become knowledgeable about group discussion that occurs on these related online discussion boards. Dialogue and handouts will be utilized to promote discussion

**Proposed group for children of combat-related
PTSD veterans**

Poster *Stephanie Robinson*

Many combat veterans have families with young children who experience difficulties dealing with symptoms of their parent's PTSD. This presentation will outline a group therapy program, designed to focus on decreasing depression and anxiety, as well as emotional and behavioral problems that children of veterans with combat-related PTSD may experience.

**Group work with adolescent Latinas:
An empowerment approach**

Poster *Lisa L. Schulz, Carrie Lynn Bailey*

Group work is highlighted as a modality useful in creating an environment through which marginalized youth can explore and assert their individual and collective identities within a larger system. This presentation provides an exploration of the unique needs of Latino/a youth as related to bicultural identity development. Resource list provided

Group Activities Focusing on Spirituality/Religion

Poster *Cheri Smith*

Activities for group members to utilize on the topic of Spirituality/Religion will be shared. Information will also be provided on resources for groups focusing on the topic of Spirituality/Religion.

**Evidenced-based group work experiences in master's-level
training programs: Group work beyond the group class**

Poster *Daniel Stroud*

This session provides an opportunity to hear one training programs attempts at increasing trainees' group work knowledge, skill acquisition and experience from design and implementation, to termination and evaluation. Trainees created and submitted group proposals, facilitated groups in the community, and evaluated the groups to measure outcomes. Group Counseling, Research Methods and Field experience were classes in which trainees engaged in this process



Poster Sessions & Networking Reception 5-8pm

Location: International Ballroom

Taylor and Francis has sponsored this opportunity to connect with innovative research and practice while networking with your fellow group workers. This event will feature poster presentations in a relaxed atmosphere that encourages you to slow down and enjoy your time together with friends and colleagues. Light appetizers will be served and a cash bar will be available. There is no better way than this to wind down your day learning and wind up for your night in the Crescent City!

Pedagogical Strategies for Infusing Group Work in Graduate Training

Poster *Theresa A. Coogan*

This session will discuss fundamental elements of psychoeducational group work and pedagogical techniques that can be useful in graduate training courses. Counselor educators will learn strategies for infusing various techniques & assessing effectiveness of learning.

Examination of Beginning Leader-Member Perceptions of Group Counseling Practice Sessions

Poster *Virginia S. Dansby, Jay L. Choi*

Results of a study involving the perceptions of students in their initial group counseling class will be presented. This empirical evidence of the leader-member differences in evaluation of a practice counseling session can be used to challenge cognitive distortions of trainees. Handouts and copies of the SEQ will be provided.

The Impact of an Experiential Group on Master Students' Counselor and Personal Development: A Qualitative Study

Poster *Kara P. Ieva, Jonathan Ohrt*

The qualitative inquiry describes the experiences of 15 counselors-in-training who participated in an experiential personal growth group as an adjunct to their group counseling course. Come here how counselors-in-training perceive being members of this specific group and how it affected their personal and professional development. Implications for educating counselors-in-training will be provided based on the clinical and academic experiences reported by the students, as well as directions for future research.

The realities of group work practice: Results of a survey of practitioners

Poster *Kelly McDonnell*

The goal of the presentation is to share results of a survey of group practitioners from a variety of settings with regard to their time spent in group related activities; use of group work skills; and engagement in group related preparation, consultation, and training. Handouts will be provided

Time: 1-5pm

Room: Madewood A

Group Work Research Institute: Issues, Inspiration, & Ingenuity (CONT.)

3 – 3:50 PM **Roundtables cont. (A & B)**

Roundtable B: Developing YOUR ideas into a quantitative research design: A roundtable discussion

Presenters: *Kim Asner-Self, Daniel Stroud*

This roundtable will discuss participants' ideas in terms of sound research question(s) leading to strong research designs grounded in quantitative methodology for group work. Discussion will focus on developing research questions and on strengthening notions of external and internal validity related to the subsequent research designs. Very good for beginning group researchers interested in quantitative methodology.

4 – 4:50 PM **Roundtables (C & D)**

Roundtable C: Applying Maxwell's Model to Real Life Group Work

Presenters: *Deborah Rubel, William B. Kline*

This roundtable discussion will briefly review a systemic model for the design of qualitative group work research and will utilize group interaction to assist attendees in applying the model to their real life groups, group work problems, and research questions. Attendees are encouraged to bring their expertise, ideas, experiences, and curiosities related to their group work practice and potential research

Roundtable D: Outcomes Research in Group Work

Presenters: *Sheri Bauman*

Outcomes research in group work research answers the question, "What difference did the group make on ...?" Participants in this roundtable will consider how to best go about answering that question. The discussion will include the selection of appropriate outcome measures, the uses of control or comparison groups, and the choices of whom to assess. Participants are encouraged to bring questions about their own outcomes research to discuss.

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Friday, February 19th

Opening Session
9am-10am

Room: International Ballroom
Greetings: Don Ward, ASGW President
Welcome: Jonathan Orr, Conference Coordinator
Facilitation: Janice DeLucia-Waack, Conference Culture Builder

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We want very much for all of you to feel that you are part of the community which we are going to build together while you actively participate in the conference. In order for us to accomplish that, we want you to feel personally welcomed to what is to be your conference and for you to feel at home while you are here. Therefore, we are going to begin by sharing an experience that will help old and new ASGW members feel included as part of the conference community

Morning Sessions

10:15am—11:45am

Publishing in JSGW: What you've got, what we want, and how to get your work in print!

Room: Rosedown A *Kimberly K. Asner-Self, Sheri Bauman*

Group work is powerful, we know that and you know that, and now we need to let others know that by disseminating what works – our theories, our constructs, our evidence-based outcomes, our results. Wherever you are in the research and writing process, come talk with the editor and associate editor of JSGW about your work wherever you are and get tips on how to take the next step. Handout available.

Habits of Care: Social Justice through Group Work across Life Span

Lessons from children's hearts, adult experiences, and elder's wisdom

Room: Nottoway A *Bogusia Skudrzyk, Holly Mensching*

Commitment to Social Justice throughout cultures is not new; yet perhaps more than ever a renewed desire, wonder, and continued movement from "the way things are" to "the way things could be" is much needed. Presenters, consisting of teachers, practitioners and students will share children's and elder's perspectives, including the role of spirituality in the "what and how" about social justice through group work based on acceptance, seems to be life affirming. Participants will be encouraged to participate in experiential activities and handouts will be provided.



ASGW
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University of Arizona
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The Journal for Specialists in Group Work

A Publication of the
Association for Specialists in Group Work
A Division of the American Counseling Association
www.asgw.org

The Journal for Specialists in Group Work is an indispensable resource for both practitioners and educators working with groups in clinical, organizational, educational and community settings. In each issue of the journal you will find peer-reviewed articles that:

- promote the practice of group work;
- cover the continuum of types of group work, from task to therapy groups;
- emphasize the processes that make groups effective;
- integrate theory and practice;
- provide specific information on how to lead groups and train group leaders;
- provide current research on group work.

The Journal for Specialists in Group Work is directed toward group work practitioners with a focus on group work theory, interventions, training, current issues, and research.

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Afternoon Sessions cont.

3:15-4:45pm

Infusing the Spirit of Social Justice into Supervision of Group Work

Room: Rosedown B *Delini M. Fernando, Barbara R. Herlihy*

Presenters will discuss the importance of social justice consciousness in the supervision of group workers. Special focus will be on developing and generating awareness of social justice in groups, discussing social justice topics, and supervising the group worker who faces social justice issues in group work. Handouts will be provided.

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Use of Story Circle Groups to Foster Critical Consciousness and Advocacy Skills

Room: Rosedown A *Cirecie West-Olatunji, Rachael Goodman, Edil Torres Rivera, Zarus Watson*

The purpose of this session is to model an intervention tool that can provide participants with specific social justice and advocacy skills. Using the Story Circle technique, the presenters will facilitate group process focusing on reflection, dialogue, and social action. Participants will receive a digital handout of resources

The Use of Psychoeducational and Experiential Groups as a Function of Gatekeeping in an Introductory to Counseling Course

Room: Madewood B *Kara P. Ieva*

This presentation focuses on presenting an innovative approach to teaching an introduction to counseling course designed to meet the needs of students and faculty. The presenter will discuss combining didactic and experiential groups focused on wellness and interpersonal skills that engage students in the learning process, while remaining focused on the CACREP standards, and providing a gatekeeping function for faculty.

Facilitating Master-level Group Counseling Experiential Groups as a Doctoral Student

Room: Madewood B *Philip B. Gnilka, Stephanie Eberts*

Doctoral students frequently lead the experiential group experience of Master-level group counseling courses. While this can be a rewarding experience, it can also lead to difficult situations. Vignettes will be used to facilitate discussion surrounding ethical issues, common themes, and various group intervention techniques.

Morning Sessions Cont.

10:15am—11:45am

Messages in Music: Understanding and Working with Privilege for Advocacy

Room: Madewood A *Chaka Ward, Lewis Hatcher*

This interactive workshop utilizes the power of music in group work to help counselors understand privileges and make meaningful connections with clients. Participants will explore traditional & contemporary culturally relevant approaches to addressing privilege; and how to apply their power & privilege as catalysts for change. Handouts will be provided.

New Twist in Bibliotherapy: Thematic Children's Literature = Creative, Innovative Groups.

Room: Madewood A *Peterann M. Siehl, Candice Jordan*

Bibliotherapy can transform your group development skills. Learn to extract literature themes to create innovative groups. This interactive presentation combines power point, hands on practice and attendee participation to create groups that can be instantly facilitated in participants counseling settings. Numerous ready-made group programs will be distributed.

Riding the Adventure Wave: Using Adventure Therapy Techniques to Facilitate Group Therapy

Room: Madewood B *Philip Gnilka, Christina Noble, Brinda Prabhakar*

College counseling centers face increasing pressure to perform effective, time-limited interventions with increasingly large numbers of students. Adventure therapy can serve to connect members, activate dynamics, and deepen trust in groups. Theory and research surrounding adventure therapy will be reviewed, activities and exercises as intervention techniques will facilitate discussion.

Can Nature Heal? Utilizing adventure based group counseling for individuals living with HIV/AIDS

Room: Madewood B *Markus P. Bidell*

Utilizing interactive discussions and activities, the goal of this session is to explore results and lessons learned from an adventure based group counseling (ABGC) study for clients' living with HIV/AIDS. An overview of ABGC theory and techniques as well as research data will be presented (references/ research summary handouts provided).

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Morning Sessions Cont.

10:15am—11:45am

In the present moment: Mindful group work in community-based counselor education

Room: Rosedown B *Kathryn L. Norsworthy, Julie Nestle, Jack Jordan, Angie Oliver, Jackie Tornow*

In this presentation, a group of graduate students and their professor will demonstrate and discuss how mindfulness principles and practices can be utilized in a multicultural counseling course and a group counseling practicum/community engagement project focusing on stress reduction and support for a group of staff of a local service organization. Experiential mindfulness practices and instructional handouts will be offered.

MindPeace: A cognitive-behavioral group for stress and anxiety management.

Room: Rosedown B *Melodie H. Frick*

Mindpeace is a psychoeducational, cognitive-behavioral group for stress and anxiety management. This presentation will focus on the group's design and application of culturally-sensitive, cognitive-behavioral tools appropriate for adult and adolescent populations. This interactive presentation will involve a lecture with audience participation using case examples and exercises, including power point handouts.

ASGW Luncheon Noon—1:30pm

Location: International Ballroom



Supporting the conference theme of the Art and Science of Group Work, the keynote address will be presented by Dr. Rex Stockton during the ASGW Recognition Luncheon. Dr. Stockton has embodied the successful blending of the art and science of group work throughout his career. This contributions to group research have

been recognized widely and he is the recipient of the American Counseling Association's Extended Research Award and the Association for Specialists in Group Work Eminent Career Award.

Agenda is listed in the back of this program guide.



Afternoon Sessions cont.

1:30-3pm

An Interdisciplinary Approach to Teaching Group Work & Collaboration

Room: Rosedown A *Lenoir Gillam, Tom Hackett, Julee C. Fryer, Sarah Haase, Patricia G. Hays, Ann Howard, Leigh C. Sullivan, Denise Wade*

Fostering effective group interaction among prospective counselors, teachers, and administrators can promote collaboration in educational settings. Skills relevant to task/work groups, group dynamics, and collaborative problem-solving are examples of topics to be addressed in this interactive, multimedia session. Handouts highlighting key content will be provided.

Social Justice Group Advocacy: Using Group Skills in Town Hall Meetings

Room: Rosedown B *Edil Torres Rivera, Cirecie West-Olatunji*

This panel discussion describes the development, implementation, and outcomes of a national social justice group advocacy project. The goal of this program is to increase participants* understanding of the ways that group skills can be used to facilitate town hall meetings. Audience participation is encouraged. Handouts will be provided.

Afternoon Sessions 3:15-4:45pm

International Muslim Women Students: What Group Counselors need to know

Room: Nottoway A *Kimberly K. Asner-Self, Norasma Othman*

Islam is a fundamental part of many muslim women's lives. What elements of Islam become important in group work and how might facilitators work with sensitivity with international students from Islamic countries.

Group Supervision of Groups

Room: Madewood A *Janice DeLucia-Waack, Maria T. Riva*

The goal of this workshop is to provide a framework for the supervision of groups in a group format. Goals and a format will be suggested. A experiential group supervision will be roleplayed. Handouts will provide guidelines, and current research and practice.

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Afternoon Sessions cont.

1:30-3pm

With a Little Help From My Friends: Addressing Diversity in Career Groups

Room: Madewood B *Julia Champe, Jason Arnold, Asher Pimpleton, Karen Prichard*

Career exploration in small groups highlights the power of groups to strengthen career development across the lifespan. This session presents creative career exploration activities that are meaningful for diverse group members by attending to cultural experience, and that can be flexibly introduced into a variety of group types and settings.

Rediscovering the "Group" in Career Group Interventions

Room: Madewood B *John C. Dagley, Chippewa M. Thomas*

Career groups work, whether offered as a class, a large group test interpretation, or a structured "resume-writing" workshop." The goal of this presentation is to introduce participants to techniques and strategies aimed at improving outcomes through enhancing group "process." Research tips, practice suggestions and training strategies will also be discussed.

A Group Working in Tandem with Pharmacological Intervention for Opioid Addiction

Room: Nottoway A *Christine Suniti Bhat, Carol Agnew, Wendy Rankin*

Learn about a 10-week group intervention grounded in best practices research for clients with opioid addictions. This group was developed by the presenters to supplement pharmacological treatment with Buprenorphine (Suboxone). Obtain detailed information and recommendations based on research on how to run such a group. Handouts will be provided.

Planning Pro Bono Groups for Women Addicted to Drugs: Essential Knowledge and Resources

Room: Nottoway A *Vickie Sutherland, Yesim Saatci, Jamaica Powell Chapple*

Drug addiction among women is increasing at alarming rates. It is incumbent upon group workers to address proactively these women's needs in a pro bono group setting. Twelve step programs and motivational interviewing are effective treatment methods for this population. Handouts include addictive thinking, social and communication skills, harm reduction.



Featured Workshop

1:45-5:15pm



Ethical Issues in Group Counseling

Room: Madewood A *Gerald Corey, Marianne Schneider Corey*

An overview of ethical issues special to group work, with emphasis on ethical guidelines and best practices in areas such as: informed consent, involuntary membership, freedom to withdraw from a group, psychological risks, confidentiality, forming a group, screening and preparing members, role of leader's values, uses and abuses of group techniques, and group counseling in a multi-cultural context.

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Afternoon Sessions

1:45-2:45pm

Creative Techniques That Get at Core Issues of Group Members

Room: Madewood B *Ed Jacobs*

When trying to work on various core issues, there are a number of excellent multi-sensory techniques that can be used to engage members. Many different creative techniques using props, movement, writing, and chairs will be discussed and demonstrated. An extensive handout will be given to the participants.

Content Validity of the ASGW Training Standards: Preparing for Standards Review

Room: Nottoway A *F. Robert Wilson*

Revision time approaches for the ASGW Training Standards. To support the revision process, the Training Standards Committee conducted research to explore the Standard's content validity. Findings from this groundbreaking research will be presented and discussed

Group Counseling Leadership and Practice for Social Justice Change

Room: Rosedown A *Carmen F. Salazar, Anneliese A. Singh*

Presenters will emphasize social justice principles important to group counseling leadership and practice group counselors may use to create social justice change. Participants will be invited to identify and share their experiences of integrating social justice into their work. Handouts include reference/resource list; tips for implementing social justice-minded group practice.

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Afternoon Sessions cont.

1:45-2:45pm

Culturally Relevant Group Work for Children and Adolescents

Room: Rosedown B *Sam Steen, Sheri Bauman*

This multimedia presentation allows participants to observe a racially/ethnically diverse group program for 5th graders. Critical discourse includes our leadership approaches, activities and processing strategies, and the issues surrounding the concept of "culture". Participants receive a packet of suggested activities and information about using this video for group work preparation.

Afternoon Sessions

3-4 pm

Culture, HIV/AIDS, and Group Work in Botswana

Room: Rosedown B *Amy Nitza, Kayi Ntinda, Patricia Ncube*

This session explores the use of group work in the country of Botswana. The role of cultural factors and indigenous practices and beliefs in groups is discussed. A specific group model designed to promote HIV prevention among adolescent girls in Botswana is described. Examples of specific interventions are provided.

Wondrous group work companions;

What are real yet not realized needs of the human heart?

Room: Nottoway A *Bogusia Skudrzyk, Julieta Leitner-Monteiro, Loan Phan*

"family can be found where you least expect it- maybe not under your own roof, but in that magical place where you find love"-Luanne Rice

How do we observe, listen to, and follow the deepest need of the human heart-loving each other? Presenters will share multicultural stories and creative expressions of love with focus on application to group work that nurtures dynamic inclusion while preserving the wisdom of differences. Participants will be encouraged to participate in experiential activities and handouts will be provided.

The Post-Disaster Cross-Cultural Counseling Model: Group Counseling in Post-Disaster Situations

Room: Rosedown A *Fred Bemak, Rita Chi-Ying Chung*

The goal of this session is to present the Disaster Cross-Cultural Counseling Model (DCCC) as it applies to group counseling work in post-disaster situations. The presentation will be based on the work of Counselors Without Borders following Hurricane Katrina, the San Diego Wildfires, and Cyclone Nargis in Burma. Group counseling interventions and strategies will be discussed and presented.

Morning Sessions cont.

11am-Noon

Exploring the Development of the Co-leader Relationship

Room: Rosedown A *Kevin A. Fall, Justin E. Levitov*

Co-leadership in groups is widely practiced but poorly understood. This presentation, through experiential and didactic means, will explore the common developmental process of a co-leadership relationship. Special emphasis will be placed on common pitfalls and methods for strengthening the relationship for the benefit of the group. Handouts outlining the developmental stages provided.

Using Focal Conflict Theory to Understand and Influence Group Interaction

Room: Rosedown B *Julia Champe, Deborah J. Rubel*

Focal Conflict Theory (FCT) is an effective, easy way to understand and influence group interaction. This workshop utilizes case examples to help beginning and experienced participants identify effective and ineffective group interaction. Participants will also learn to plan and evaluate interventions for different group types with diverse compositions using FCT.

Break for Lunch

Enjoy Lunch in the City with yourself

Or with others!



Afternoon Sessions

1:30-3pm

Combining Experiential and Didactic Methods of Teaching Group Counseling

Room: Madewood A *Gerald Corey, Lupe Alle-Corliss, Randy Alle-Corliss*

Presenters will describe ways to integrate experiential and didactic approaches to teaching group counseling. Issues and strategies related to experiential methods are highlighted, with opportunities for exchange of ideas and participant involvement. The main goal of this program is to explore ethical and effective ways of teaching/learning group counseling.

Morning Sessions cont.

9:45-10:45am

Working with Students at Risk of Failure: The Empowerment Groups for Academic Success (EGAS) Approach

Room: Madewood B *Fred Bemak, Rita Chi-Ying Chung*

Empowerment Groups for Academic Success (EGAS) is an approach to work with students at high risk of academic failure. EGAS emphasizes addressing psychosocial problems that interfere with school achievement to promote academic success. The presentation will explore the EGAS approach and use case examples to discuss prior implementation of the EGAS approach.

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Morning Sessions

11am-Noon

Engaging All Members While Working Intensively with One Member

Room: Madewood A *Ed Jacobs*

Frequently in groups when a member starts work intensely on an issue, leaders focus on the working member and more or less abandon the other members. This workshop will show how to keep all members involved when working with one member. An extensive handout will be given to the participants.

A Research-based Experiential Gestalt Group Approach

Room: Madewood B *Arnold B. Coven, F. Robert Wilson, Mary Jo Denman*

Gestalt group practice has not emphasized empirical research. The presentation explores factors accounting for group counseling effectiveness: 1) client strengths, 2) relationship, 3) hope/expectancy, and 4) techniques. Using the Gestalt group approach to maximize these factors will be the challenge for attendees and presenters.

Understanding the use of a warm-up at various levels of group stage development

Room: Nottoway A *Matthew S. Day*

This interactive program explores the use of the warm-up phase at various stages of groups to maintain and further develop cohesion. The presentation will be based upon research obtained while writing a manuscript about the warm-up phase of groups. Handouts will be provided.

Afternoon Sessions cont.

3-4 pm

Cook, Eat, Share: Using food to attend to the needs of international students

Room: Madewood B *Daphne H Ingene*

The purpose of this presentation is to explore the common characteristics of multi-ethnic groups with group facilitators, supervisors, or anyone who is interested in facilitating such a group. It will be elaborated by Cook Eat Share using food as a bridge in a multi-ethnic membership group. Handouts will be provided.

Afternoon Sessions

4:15-5:15 pm

"I'm freaking out and can't handle it!" DBT group techniques for adolescents

Room: Rosedown B *Caroline Perjessy*

This session will describe how the DBT concepts of distress tolerance and emotional regulation can be used with adolescents in DBT groups. Group work has been found to be highly effective in helping adolescents develop better coping skills. Participants will be provided with a handout illustrating the experiential information.

The Vagaries of Prevention Groups in the Juvenile Justice System: The Building Strong Relationships Program

Room: Nottoway A *James R. "Tres" Stefurak, John Friend, Jennifer Langhinrichsen-Rohling*

The goal of this presentation will be to examine challenges and opportunities in prevention group work with male juvenile offenders. Presenters will discuss evidence for and against the use of groups in male juvenile justice population, and the specific challenges encountered delivering and researching the a prevention group for domestic violence with male juvenile offenders. Breakout groups will be used as well as case vignettes to illustrate presentation points. Participants will receive handout with PowerPoint note slides.

Teaching Group Work and Modeling Leadership Skills in the Classroom

Room: Rosedown A *Delini M. Fernando, David Huffman*

The purpose of the session is to present methods and techniques that can be used in the classroom by the group course instructor to help teach, demonstrate, and promote didactic group material through the use of intentional modeling and experiential situations. Handouts will be provided.

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Afternoon Sessions cont.

4:15-5:15 pm

Child-Witnesses of Domestic Violence: The Evolution of a Counseling Group

Room: Madewood B *Heather Thompson*

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This presentation is based on qualitative research with young child-witnesses of domestic violence who participated in an 18-week counseling group. Their lived experiences with domestic violence and the complex relationship between group process and stage development in their counseling group will be discussed. Handouts will be provided.

Play Pairs, Tiny Triads, and Four of a Kind: Non-Directive Group Play Therapy with Young Children

Room: Madewood B *Kristy A. Brumfield*

Play therapists and others who work with young children can apply the concepts of non-directive play therapy in groups. In this session we will discuss the rationale for non-directive group play, group structure and logistics, and special considerations for sibling groups and groups in elementary schools.



**Good Night !
Have fun in the City !**

Morning Sessions

9:45-10:45am

Teaching group Counseling Skills Using Psychodrama Techniques

Room: Nottoway A *Kailla Edger*

Information on how to use psychodrama techniques in teaching group counseling will be provided. The session draws on the presenter's experience of using this method in teaching and supervising. Attendees can participate in the psychodrama process for learning practical skills. Resources and handouts about using psychodrama will be supplied.

PARS: A model for teaching and practicing group processing

Room: Rosedown B *Christopher A. Ward*

This program will introduce participants to the PARS model of group processing. Following description of concepts, participants will engage in experience and processing of two structured group activities which will provide an opportunity for observation and application of the model. Relevant resources will be available to participants in a handout

Challenges Facing Group Leaders: Working with Difficult Group Behaviors

Room: Madewood A *Marianne Schneider Corey, Gerald Corey,
Lupe Alle-Corliss, Randy Alle-Corliss*

Presentation focuses on challenges of dealing with difficult behaviors in a group. Brief vignettes are presented with emphasis on understanding group dynamics. Various approaches to understanding critical incidents are demonstrated. There will be short lectures, discussion based on participants' questions, and role-playing on dealing with difficult group members.

An in-depth exploration of the experiences of secondary school counselors who conduct groups

Room: Rosedown A *Chinwé Uwah Williams, H. George
McMahon*

Effectively facilitated adolescent groups can improve academic performance and offer models for change, yet counseling groups are underutilized in high schools. Based on original research, this program shares the experiences of secondary school counselors who facilitate groups, focusing on emergent themes and strategies for overcoming barriers. Handouts will be provided.

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Morning Sessions cont.

8-9:30am

A Model for Helping LGB Youth Negotiate the Coming-Out Process: Exploring its Use in Groups

Room: Madewood A *Cyndi H. Owen-Matthews, Carmen F. Salazar*

Presenters will introduce a new, integrative empowerment model for helping lesbian, gay, and bisexual (LGB) teens through the coming-out process. Through dialogue and case study discussion, audience members will explore the model's use in groups. Handouts include key concepts of the model and reference and resource lists.

The After School Group: Creative Strategies That Help

Room: Madewood B *Vincent Dwayne Hinton*

The goal of this session is to explore creative techniques when working with children and youth in a group setting. Participants will gain knowledge to assist counseling professionals; participate in potential client scenarios by engaging in creative hands-on strategies. Handouts will be provided.

Growing up with Purpose: Development and Validation of a Group for Adolescents

Room: Madewood B *Laura E. Welfare, Elysia V. Clemens*

In this session, presenters will describe the development and validation of a new group to help adolescents develop positive purposes in their lives. In addition, results of the initial validation study (funded by the Stanford Center on Adolescence) will be presented. Handouts, including materials for the group, will be provided.

Group Counselors: Is There a Nursing Home in Your Future?

Room: Nottoway A *Arnold B. Coven*

The presenter will share his individual and group counseling experience in nursing homes. A role playing group counseling activity will challenge participants to experience the losses confronted in the aging and disability process and stimulate strategies to deal with them.

Using Yalom's Therapeutic Factors to Develop an Intergenerational Service Learning Program

Room: Nottoway A *Jeff Penick*

This presentation describes the use of group work principles, particularly Yalom's therapeutic factors, to guide the planning, development, and assessment of an intergenerational service learning program. Program elements as well as benefits to undergraduate student and older adult participants are described. A summary paper will be provided.

Saturday, February 20th

Morning Sessions

8-9:30am

The No Hiding Place Group Format: Helping to Increase Group Participation

Room: Rosedown A *Richard C. Henriksen Jr., Bipin Sharma, Andrew Benesh, Kristin Harris*

Participants will learn the use a group format that helps all group participants become actively involved in all phases of group process. This session will focus on providing participants with an experiential outline (a participant activity) and handouts of the No Hiding Place Group process.

Using BARNGA to develop a performing intercultural psychoeducational group

Room: Rosedown B *Kimberly K. Asner-Self, Muthoni Kimemia, Asher M. Pimpleton, Nor Asma Othman, LaTosha Davis, Kelly Williams*

BARNGA is an intercultural simulation exercise designed to train international business people about cultural clashes. We use it to develop MS level students' multicultural competence and professional identity. Experience and then learn how to use this exercise to develop critical therapeutic factors for performing psychoeducational course. Handouts included.

LGBTQ responsive group supervision to illuminate, integrate, and intentionally address the needs of the invisible ten.

Room: Madewood A *Melissa Luke, Kristopher M. Goodrich*

This session will present an empirically grounded supervisory framework through which both group workers and supervisors of group work can illuminate, integrate, & intentionally respond to the needs of LGBTQ group members. Presenters will use a combination of didactic, interactive, and experiential methods to synthesize the related extant literatures, identify the unique needs of LGBTQ group members, and provide specific group work and supervisory strategies to effectively include and address the voice of LGBTQ group members. Presenters will distribute a handout that includes a reference list, summary of the LGBTQ group supervisory framework, and sample supervisory scenarios that can be used in the training and supervision of group workers.



Don't forget your camera !