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Continuing Education Unit Questions

Psychological Measurement for Specialists in Group Work
(Scott C. Marley)

1. As the reliability of scores increases measurement error:
 - a. Decreases.
 - b. Increases.
 - c. Stays the same.
 - d. None of the above.
2. A measure that requires an individual to self identify his or her gender is an:
 - a. Interval scale.
 - b. Nominal scale.
 - c. Ratio scale.
 - d. Ordinal scale.
3. The assumption of independence is best addressed by:
 - a. Using a statistical technique that accounts for the assumption.
 - b. Mentioning in the limitations the assumption.
 - c. Avoiding independent observations.
 - d. Using measures that result in valid scores.
4. The term mutually exclusive means that:
 - a. All individuals in a sample have a place to respond.
 - b. The response categories do not overlap.
 - c. The nomological network is satisfied.
 - d. That raters agree the item content is representative.

Interpersonal Group Therapy for Women Experiencing Bulimia
(Laura Choate)

5. Interpersonal Therapy (IPT) is designed to:
 - a. Assist clients with creating insight into their early childhood
 - b. Assist clients in improving current problems in their significant relationships
 - c. Assist clients in changing their thoughts about their problems
 - d. None of the above.

6. In the IPT-G model for women experiencing bulimia:
 - a. Members are told to focus on their specific bulimic symptoms so they can be reduced
 - b. Members are told not to focus on diets, weight, or shape during the group
 - c. Members are told to keep food diaries and thought logs throughout the group
 - d. Members are told to discuss whatever is most concerning to them.

7. Of the four problem areas in the IPT model, the two most commonly experienced by women with BN are:
 - a. Grief, interpersonal deficits
 - b. Grief and depressive loss
 - c. Role transitions and interpersonal disputes
 - d. Early childhood trauma and interpersonal deficits

8. In the working phase, members are encouraged to:
 - a. Focus on expression of feelings.
 - b. Focus on taking action to resolve interpersonal problems
 - c. Voice their opinions openly towards other group members
 - d. All of the above.

Personal Growth and Awareness of Counseling Trainees in an Experiential Group

(Melissa Luke and John Kiweewa)

9. Which of the following outcomes are assumed to result from participation in an experiential group as part of group work training within counselor education?
 - a. Personal growth and awareness
 - b. Increased exposure to diversity
 - c. Experience with critical incidents
 - d. None of the above

10. How was data collected within the current study?
 - a. Retrospective, closed ended survey
 - b. Process observer notes and qualitative interview
 - c. Trainees' weekly reflective journals
 - d. Transcripts of group sessions

11. The findings of this study suggested systemic interconnectedness across what levels of the group system:
 - a. Interpersonal and Intrapersonal levels
 - b. Intarpersonal and Group-as-Whole levels
 - c. Group-as-Whole and SupraGroup levels
 - d. All of the above

12. The primary training implication of this research is:
 - a. Experiential group work training includes universal and therapeutic factors
 - b. Numerous experiences contribute to trainee personal growth and awareness, including the use of reflective journaling
 - c. Self-examination and introspection are essential for the group work training experience
 - d. Trainees struggled to separate their personal growth and awareness from the technical skills related to group work

13. Which of the following methodological improvements would strengthen future study of experiential group work?
 - a. Congruence across research question, data collection, and data analysis
 - b. Expansion of data collection sources to enhance triangulation
 - c. Inclusion of member checking to increase trustworthiness
 - d. All of the above