

Thursday/February 9, 2012
Pre-Conference

- 7:30 a.m. – 11:00 a.m. **Registration/Exhibits**
- 9:00 a.m. – 5:00 p.m. **Executive Board Meeting**
- 9:00 a.m. – 12:00 a.m. **Emerging Scholars** (attendance by invitation)
- 10:00 a.m. – 2:00 p.m. **Day of Service (off site @ Joy Junction)**

9:00 a.m. – 12:00 p.m.

Beyond Words: Integrating Creativity and Mindfulness into Group Work
Ana Puig & Yesim Saatci

Complementary therapies such as creativity and mindfulness meditation have become increasingly popular in our field and can be especially helpful in group settings to facilitate the processing of difficult emotions. The shared experience of meditation and creativity can enhance group cohesion and processing of cognitions and emotions otherwise unexpressed. A main goal of the presentation is to encourage alternative approaches to group work that do not primarily focus on verbal expression; rather, they emphasize clients' experiencing of the group energy and benefits of sharing a common space free of outcome expectations.

9:00 a.m. – 12:00 p.m.

Challenges and Realities in Multicultural Social Justice Group Counseling
Fred Bemak and Rita Chi-Ying Chung

This will be an experiential workshop that emphasizes how to incorporate multicultural and social justice issues into group counseling. The workshop will involve a group experience and role-plays for participants who will engage in a process group that emphasizes cultural diversity and social justice and include time for discussion about the application of multicultural and social justice group interventions.

9:00 a.m. – 12:00 p.m.

Putting Theories into Practice: Personal Growth using different Counseling Theories

Ed Jacobs & Chris Schimmel

Description:

This personal growth experience will focus on some of the major theories and how they can be used to help with issues such as relationships, unfinished business, parents, anger, guilt, and self-esteem. Emphasis will be on working at a deeper level and showing how to involve all the members when focusing on one member.

12:30 p.m. – 3:30 p.m.

A culture of caring in Brazil created by Brazilian and USA group workers through cross-cultural dialogue, Freire's Circles of Culture.

Julieta Monteiro-Leitner, Michael Hutchins, Deborah Young, Francisco Silva Cavalcante Junior, Andre Feitosa, Marcos Campos and Grupo de Dança Popular da Universidade Federal do Ceará, Brazil

Group workers from Brazil and America will build upon an established foundation to collaboratively share group approaches and practices. Building upon Freire's Circles of Culture, participants will continue to turn theory into practice. Using the internet, participants from Brazil and ASGW will participate in a shared group activity. Bibliography and handouts will be provided.

12:30 p.m. – 3:30 p.m.

Creating Communities of Caring through Intentional Conversations: Deconstructing Institutional Culture and Privilege

H. George McMahon & Marc Grimmett

Institutionalized culture and privilege are pervasive, powerful systemic forces that affect all of our lives, yet they operate largely out of many people's awareness. The purpose of this group experience is to create a safe space for participants to connect, feel, and explore ideas about institutionalized culture and privilege, how their life experiences have been affected by these systems, and how to create a more caring community. Members are invited to share their experiences as well as learn from others' experiences, all while being supported in honesty and genuineness.

12:30 p.m. – 3:30 p.m.

Understanding & Managing Emotions

Michael Waldo & Natasha Ali

This session will demonstrate a highly flexible approach to increasing emotional competence through a single session group intervention based on Miller, Nunnally & Wackman's Awareness Wheel. Psycho-educational and group process procedures are used to help participants understand their experience in intense emotional situations and focus their emotions in pursuit of their goals.

12:30 p.m. – 3:30 p.m.

Tools for change using creative group work

Andrew King

The workshop develops the necessary skills for group leaders to facilitate creative group work. The workshop covers some of the principles of using creative group work techniques and tools that are currently being implemented in Australian Correctional Centres. The focus includes changing group dynamics, increased understanding of motivational group work models for change and the use of practical creative exercises.

4:00 p.m. – 7:00 p.m.

Problematization a group approach to reach a liberatory process thru dialogue

Edil Torres – Rivera

According with Montero (2009) triggering the concept of “problematization” in crucial to initiate critical evaluation and movement towards change. This concept was originally named by Freire (2006/1970), “[p]roblematization sensitizes, denaturalizes, and establishes the concrete and affective bases necessary to motivate changes thus inducing concrete transforming actions” (Montero, 2009, p. 80). In this workshop participants will experience the concept and the skills to reach this important first step toward critical thinking and liberation.

4:00 p.m. – 7:00 p.m.

In the Present Moment: Mindfulness as a way of life

Kathryn L. Norsworthy, Kelly Caniglia, Sharri Harmel, Alexandra Lajeunesse, April Obermeyer, and Laura Waterfield

Drawing on mindfulness principles and practices in meditation, movement, creative expression, deep self-reflection, and contemplative dialogue, we will explore the question of being fully alive personally and professionally. In experiencing the “freshness in the center of the chest” (Rumi) and authentic, brave connections with one another, we will return to our lives refreshed and ready to more deeply engage.

4:00 p.m. – 7:00 p.m.

Strong Kids for Parents

Ivelisse Torres Fernandez, Lisa Grayshield & Michael Waldo

Participants will experience a version of the Strong Kids psycho-educational group that is geared towards parents. The group covers cognitive/behavioral emotion management and relationship development skills that help parents understand and guide their children. The group parallels a similar group format that can be offered to K through 12th grade students.

7:30 p.m. – 11:00 pm

Opening Session

(Theatre)

Friday/February 10, 2012

7:30 a.m. – 11:00 a.m. **Registration/Exhibits**

8:00 a.m. – 8:50 a.m. *Morning Session (6 rooms)*

9:00 a.m. – 10:00 a.m.

Therapeutic Value and Challenges of Group Counseling in Opioid Addiction Treatment

Brad Imhoff, David Yost, Christine Suniti Bhat

This session presents the therapeutic value and challenges of providing group counseling to clients in an office-based pharmacological opioid treatment program. Therapeutic factors, counselor training and characteristics, counseling strategies, specific techniques, and liaising with physicians will be addressed. Attendees will receive handouts.

9:00 a.m. – 10:00 a.m.

Groups for Infertility: The Mind body Connection

Valorie Thomas

This program introduces participants to a structured mind/body group designed to help women take control of their lives as they travel the journey of infertility. Mind body techniques specific to infertility will be presented. Participants will engage in an experiential activity designed to help their clients gain back control of their lives. A handout and reference materials will be provided.

9:00 a.m. – 10:00 a.m.

Using focus groups to evaluate practice and agency performance and to determine community needs.

Sandy Gibson

Exploring the use of focus groups to reduce the disconnect between research and practice. Explanation of focus group theory will be explored, linking the theory components with focus group research as a case study. The process of focus group design, recruitment, facilitation and data analysis will also be discussed.

9:00 a.m. – 10:00 a.m.

The Social Climate of Multifamily Therapy Groups in a Special Education Program.

Kevin A. Curtin

The purpose of this presentation is to describe the social climate of MultiFamily Therapy (MFT) Groups for families of students who have Emotional and Behavioral Disorders. A descriptive model of MultiFamily Therapy will be highlighted emphasizing the particular therapeutic processes of cohesion, self-discovery, and innovation. Handouts will be included.

Friday/February 10, 2012

9:00 a.m. – 10:00 a.m.

Jungian Amplification and Myth with Preteens/teens

Kelly Kozlowski

Many popular modern movies and books use archetypal and symbolic figures that appeal to today's youth. The projection of internalized complexes and struggles for identity can be utilized in conjunction with these readily available images. This workshop combines the use of the Jungian amplification technique with current media in teen/preteen group sessions bringing group work to a deeper level. Examples will be shared, and a sample 14 session group that intertwines the heroic journey of Odysseus with modern heroes such as Frodo Baggins and Harry Potter will be given out to participants.

9:00 a.m. – 10:00 a.m.

Group Leader Skills that Promote K-12 Student Self-Regulation and Connectedness to School

Matthew Lemberger-Truelove

The presenter will introduce skills used by counselors in a recent study that targeted African American elementary students. Group leaders in this study focused on students' self-regulatory behaviors and feelings of connectedness to the school. Attendees will hear the findings, practice skills used in the study, and collect a handout.

10:15 a.m. – 11:45

Keynote

Lee Mun Wah

Walking Each Other Home- Using Group Work to Create Communities of Caring & Compassion

So often we ponder how to begin a conversation with people who are culturally different from ourselves. Where do we begin? How do we keep from offending someone? What if they get angry or hurt? These are just some of the many barriers and fears that keep us apart and in silence. Together we will explore what it will take to walk across the room - what we can learn in that journey about ourselves, and in the process, develop an authentic and meaningful relationship with each other, even in the midst of a conflict or misunderstanding.

12:00 – 1:30 p.m. ***ASGW Awards Luncheon (sit-down luncheon)***

Friday/February 10, 2012

2:00 p.m. – 4:00 p.m.

Mindful Facilitation

Lee Mun Wah

This training introduces participants to the dynamics of conflict and the need for appropriate and useful communication interventions and skill sets. Three key areas of understanding will be focused on: understanding one's self, others, and the societal context. Through the use of role plays, personal stories, films, listening exercises, and 'mindfully responding' techniques, participants will learn the facilitation and inquiry techniques needed to resolve conflicts that often occur in workplaces.

1:45 p.m. – 3:15 p.m.

Getting the Most from Group Exercises

Ed Jacobs & Chris Schimmel

Too often leaders don't get maximum benefit from using group exercises. This workshop will focus on the art of processing material from various exercises. The skill of asking good processing questions will be presented. Many demonstrations and videos will be shown. A handout with tools and techniques will be given out.

1:45 p.m. – 3:15 p.m.

Access to Students – A Challenge? Creating a Culture for Group Work in Schools

Rebecca A Schumacher

Professional School Counselors: Is it challenging to conduct group work in your school? This interactive presentation will describe strategies to tip the balance of support from teachers/administrators for conducting small groups in schools. Participants will leave with a preliminary action plan to implement. Handouts and bibliography will be provided.

1:45 p.m. – 3:15 p.m.

No Size Fits All: An Individualized Group Counseling Program for Children of Divorce

Eric Beeson

The goal of this session is to offer a new group model for the treatment of children of divorce that expands upon the pathways to wellness proposed by Pedro-Carroll (2005). This group is truly individualized and integrated, but grounded in assessment and Rational Living theory. Experiential activities and handouts will be provided.

Friday/February 10, 2012

1:45 p.m. – 3:15 p.m.

How to publish your manuscript in the Journal for Specialists in Group Work.

Christopher McCarthy & Lia D. Falco

This program will educate participants about methods for successfully publishing articles about group work in *JSGW*. Information will be provided about appropriate topics and successful writing for the journal. Participants will read sample work products in groups and share feedback about successful writing; handouts will summarize workshop information.

3:30 p.m. – 5:00 p.m.

Combining Experiential and Didactic Methods of Teaching Group Counseling

Gerald Corey, J. Michael Russell, Valerie L. Russell, & Jamie Bludworth

Presenters describe ways to integrate experiential and didactic approaches in teaching group counseling. Issues and strategies related to experiential methods are highlighted, with opportunities for exchange of ideas and participant involvement. The main goal of this program is to explore ethical and effective ways of teaching/learning group counseling.

3:30 p.m. – 5:00 p.m.

Counseling Adolescents in Groups: Process and Practice

Kevin Fall & H. George McMahon

Counseling adolescents in groups requires a unique mind and skill set. The interactive presentation will outline some key dynamics that are useful to facilitating adolescent groups as well as exploration of several innovative group activities design to get the most out your adolescent groups. Handouts will be provided.

3:30 p.m. – 5:00 p.m.

Healing Ourselves and Others: Let's Begin in the Group Class

Delini Fernando

The purpose of the session is to present methods and techniques that can be used in the classroom by the group course instructor to help teach, demonstrate, and promote healing of ourselves and others in the community, by beginning this healing in the group class. Handouts will be provided.

3:30 p.m. – 5:00 p.m.

Group Counseling With Asians

Rita Chi-Ying Chung and Fred Bemak

Asian Americans is one of the fastest-growing ethnic groups in the U.S. It is projected that by 2050 they will comprise 9% (40.6 million) of the total U.S. population. This presentation focuses on effective group counseling interventions and strategies with Asian group members, and discusses how Asian stereotypes may prohibit group workers from being effective with this population. Group work demonstrations will be presented.

Friday/February 10, 2012

7:30 pm – 10:00 pm *Dessert Reception & Film Premiere*

If These Halls Could Talk: Film Showing & Diversity Dialogue

Lee Mun Wah

If our halls could talk, what would they say about the alarming rates of students of color leaving our colleges? What would they say are some of the causes for their departures? What would our students say it is like to be a minority student at a predominantly white campus? Are faculties and staff prepared for this influx of students from different backgrounds? When conflicts arise around diversity issues on the campuses and in the classroom, are administrators and teachers prepared to handle them? What are some of the solutions needed to confront these problems? These questions and many other issues are discussed in this dynamic and electrifying new film directed and produced by Lee Mun Wah.

In the summers of 2010 and 2011, Lee Mun Wah brought together eleven college students from around the country to answer some of these questions. In the process of sharing their stories and different life experiences with each other, they discover and expose the complexity and anguish that accompany those experiences, while trying to be understood and validated in a predominantly white environment. Their stories are starkly emotional and the issues they provoke are equally perplexing, begging to be heard and confronted. *If These Halls Could Talk* reveals the truths underlying the festering silence on all of our campuses and provides the means to talk about our differences in an environment that is honest, receptive, and, eventually, transformative.

Saturday/February 11, 2012

7:30 a.m. – 11:00 a.m. **Registration/Exhibits**

8:00 a.m. – 8:50 a.m. *Morning Sessions (6 rooms)*

9:00 a.m. – 10:30 a.m.

Exploring the Roots of Group Work: Indigenous Traditions that Connect Us

Christopher Rybak, Eliida Lakota , & Rev. Carol Lakota Eastin

Ancient indigenous traditions serve as methods of group members identifying deep aspects of each person's unique personal identities while also recognizing the universal aspects of the givens of life that link us all. Included are experiential activities based on varied indigenous traditions. Outline & references provided on handout.

9:00 a.m. – 10:30 a.m.

Group Educator Challenge: Promoting Trainee Cognitive Complexity and Emotional Regulation

Julia Champe, Deborah J. Rubel, & Jane E. Atieno Okech

Group instructors are tasked with teaching complex group concepts and skills in ethical and culturally-respectful ways. Join us to discuss challenges in teaching/training, share creative strategies for promoting cognitive complexity and emotional regulation in trainees. Leave with concrete ideas for encouraging students and revitalizing your group work instructional practice. Handouts.

9:00 a.m. – 10:30 a.m.

Promoting Resiliency in an At-Risk World: Utilizing Group Work to Empower our Youth in Schools

Yvette Castillo

Crisis, Trauma and Loss effect our youth physically, emotionally and interpersonally. Using resilient building strategies with our youth in a group setting, however, allows them to adapt and overcome adversity. Examples of group work programs that foster cognitive and socio-emotional competencies will be shared via handouts with all in attendance.

Saturday/February 11, 2012

9:00 a.m. – 10:30 a.m.

Group Counseling Interventions in Post-Disaster Situations

Fred Bemak and Rita Chi-Ying Chung

Post-disaster work requires intensive psychosocial support and assistance. Group counseling provides a highly effective means of post-disaster intervention. This presentation will outline guidelines for providing group counseling in post-disaster situations and present the culturally responsive Disaster Cross-Cultural Counseling Model (DCCC) which has been developed through Counselors Without Borders. Case examples will be presented.

9:00 a.m. – 10:30 a.m.

Challenges Facing Group Leaders: Working with Difficult Group Behaviors

Gerald Corey, Marianne Schneider Corey, Jamie Bludworth, & Valerie Russell,

This program reviews some of the key tasks of a group's development during the transition stage. Resistance is explored reframed and the emphasis is on how to therapeutically work with a variety of defensive behaviors. When defensive behavior occurs in a group situation, it needs to be understood and should not be viewed as a failure of the member or the leader. The participants will be encouraged to ask questions and to get actively involved in this program.

9:00 a.m. – 10:30 a.m.

Treating Trauma: Present-Centered Expressive Group Therapy

Allison Hrovat & Melissa Luke

Sensory triggers, flashbacks and intrusive memories pull trauma survivors from the present back to the traumatic event. This session offers participants a chance to learn about the efficacy of present-centered expressive therapy groups in treating trauma. The session includes supporting research and theoretical rationale and extensive experiential opportunities. Handouts provided.

10:35 a.m. – 11:35 a.m

The impact of cross-cultural identity and social justice of group leaders: Experiences as International Doctoral Students

Hapsah Md Yusof & Siti Rozaina Kamsani

Being a group leader in a different culture provides different experiences and challenges especially for International students. Results from previous studies and presenter's experience in conducting group training will be used in suggesting intervention to support international students' development as a group leader. The presentation also provides basic guideline and tips for non-American group leaders.

Saturday/February 11, 2012

10:35 a.m. – 11:35 a.m.

Innovations in group work from the other side of the world

Andrew King

This workshop explores the significant developments happening with group work in Australia. This includes the development of Creative Group Work Training in Correctional Centres in NSW. Research regarding the use of longer group check-in processes is explored including some of the processes that are reinvigorating group work practice in Australia that involve the integration of group work dynamics, mindfulness and relational connections

10:35 a.m. – 11:35 a.m.

Addressing IPV in Group: Bringing Together Victims and Batterers

Tara Hill, Carrie VanMeter, & Amber Lange

A group method for couples who remain in abusive relationships will be presented. Although this approach is controversial, family systems and feminist theories will be explored as justification for ways group counselors can treat this population. Possible techniques will be proposed and a brainstorming session for interventions will be facilitated.

10:35 a.m. – 11:35 a.m.

Promoting Healthy Online Socializing for Teens and Tweens through Group

Christie Sunti Bhat & Caroline Lopez

This program provides an overview of a psychoeducational group promoting healthy online socialization for teens and tweens. The group uses high profile cases of cyberbullying, sexting, and suicide as learning and discussion tools. Session plans and role plays, evaluation strategies, and ethical considerations will be outlined. Detailed handouts will be provided.

10:35 a.m. – 11:35 a.m.

Group Work, Multiculturalism, and Social Justice: Revising the ASGW Diversity Principles

Anneliese A. Singh, Bogusia Skudrzyk, Niloufer Merchant, & Daphne H. Ingene

This presentation discusses the revision ASGW Diversity Principles document to an emphasis on multicultural group work *and* social justice change. Presenters will describe the major revisions in this document, as well as help group workers understand social justice competencies for practice, research, teaching, supervision, and advocacy. Hand-outs will be provided.

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10:35 a.m. – 11:35 a.m.

JSGW Publication Patterns: Trends in Group Work Research

Daniel Stroud

In this session a detailed 14-year summary of research trends in *JSGW* will be presented. Participants will have the opportunity to discuss how these trends can impact attendee's current group work interests and experience. An annotated bibliography and table of trends in topics and methodology will be distributed.

11:45 a.m. – 1:45 p.m. Lunch and Strategic Planning

1:45 p.m. – 3:15 p.m.

Teaching Group Work to Foster Collaboration in Educational Settings

Lenoir Gillam, Tom Hackett, & Julee C. Fryer

Professionals in educational settings, with or without training in group work, are expected to engage in interdisciplinary collaboration to facilitate student development. This interactive session will address issues relevant to task/work groups in both the academic preparation of future educators and continuing education of P-12 professionals. Handouts will be provided.

1:45 p.m. – 3:15 p.m.

Using Theories and Creative Techniques in Group Counseling Situations

Ed Jacobs & Chris Schimmel

To have maximum impact in groups, leaders need to know how to apply counseling theories in creative ways during their sessions. This workshop focuses on the use of five theories and how they can be used effectively in all kinds of groups. Demonstrations and exercises using theories will be presented.

2:15 p.m. – 3:15 p.m.

A Group Supervision Intervention to Promote Self-Care and Wellness among Counseling Students

Jonathan H. Ohrt

The purpose of this experiential presentation is to demonstrate a group supervision intervention that assists students in developing a wellness lifestyle within their clinical practice. Specifically, participants will learn strategies to help students identify stress, assess their level of self-care, and interactively develop wellness goals. Handouts will be provided.

Saturday/February 11, 2012

2:15 p.m. – 3:15 p.m.

Program Title: A Cross-Disciplinary, Collaborative Model of Group Preparation

H. George McMahon, Brittany Escuriex, & Ashley Powell

This session will explore the benefits of a collaborative, interactive training model for teaching group theory and practice involving a counselor education program and an integrated clinical/counseling psychology program. Experiences of students from both programs, including their conceptualization of group leadership and group process and issues of professional identity, will be highlighted.

2:15 p.m. – 3:15 p.m.

Group Work with Children and Adolescents: Using Ecotherapy to Promote Mental and Emotional Health

Cheryl A. Justice

This experiential session provides an orientation to the theoretical approaches associated with ecotherapy. Participants will learn applications of ecotherapy and opportunities for integrating it into group counseling settings with children and adolescents. Research regarding the efficacy of ecotherapy interventions with children and adolescents will be discussed. Handouts: techniques and activities.

2:15 p.m. – 3:15 p.m.

Investigating the LGBTQ Responsive Model of Group Supervision: A Pilot Study

Kristopher M. Goodrich & Melissa Luke

This session will present the results of an exploratory study investigating the use of the LGBTQ Responsive Model of Group Supervision with school counselors-in-training. Participants will learn an empirically tested model to illuminate, integrate, and intentionally respond to the needs of LGBTQ group members. Handouts will be provided.

3:30 p.m. – 5:00 p.m.

Ethical Issues in Group Counseling

Gerald Corey & Marianne Schneider Corey

An overview of ethical issues special to group work, with emphasis on ethical guidelines and best practices in areas such as: informed consent, involuntary membership, freedom to withdraw from a group, psychological risks, confidentiality, forming a group, screening and preparing members, role of leader's values, using group techniques, managing multiple roles and relationships, leader competence as an ethical issue, considerations for social justice work, group counseling in a multicultural context, self-care of group leader, risk management strategies in group work.

Saturday/February 11, 2012

3:30 p.m. – 5:00 p.m.

The Personal is Political: Using Feminist Theory as a Model of Group Process

Joanne Jodry & Kathleen Armstrong

This interactive workshop will allow the counselor to apply feminist theory to the group process. A developing model of feminist group process will be discussed, presented in handouts, and experienced by the participants. Benefits and challenges of this feminist model of group work will be addressed in a multicultural context.

3:30 p.m. – 4:30 p.m.

'Usrah': Understanding of Islamic Concept and Application of Group Work

Nabisah Ibrahim & Siti Rozaina Kamsani

This presentation aims to discuss *usrah* concept and its application among Muslim women group in college settings. It is relevant for multicultural group counselors, college counselors, counselor educators, and counseling students. Two Muslim women presenters share their experiences of navigating *usrah* group with Muslim group members. Handouts will be provided.

3:30 p.m. – 4:30 p.m.

Integrating Oppression, Liberation and Cultural Consciousness into Career Group Work

Julia Champe, Asher Pimpleton, & Joseph Campbell

Unacknowledged cultural dynamics in group have the potential to derail career exploration and member learning. A proposed framework integrates models of cultural oppression and cultural influence for conceptualizing and addressing cultural dynamics relevant to group and career development. Interactive examples, take-away strategies applicable for a variety of psychoeducational/structured groups, handouts.

3:30 p.m. – 4:30 p.m.

Group Supervision: When Language and Liberation Intersect

Edil Torres Rivera

The principles of liberation psychology outlined a series of action-oriented charges that have pragmatic uses in the clinical group supervision process. This presentation intends to introduce the Vygotsky model of group supervision as interpreted by Martín Baró (2005) with emphasis in language dynamics during the group supervisory process.

Saturday/February 11, 2012

3:30 p.m. – 4:30 p.m.

With a Little Help from Neuroscience: Implications of Brain Research for Group Work in Schools

Rebecca A Schumacher

This presentation will overview recent neuroscience research and discuss practical application of findings to group work in schools with k-12 students. Findings related to essential elements of learning such as transfer of learning, creating meaning, emotions, and motivation will be discussed and linked with practical application in facilitating groups. Handouts and bibliography will be provided.

4:45 p.m. – 5:45 p.m.

Groups as a Platform for Social Change: Base Communities, Liberation Theology, and Liberation Psychology

Kevin A. Tate

This presentation will give a brief history of Liberation Psychology (and its roots in Liberation Theology), and a more detailed description of the way in which groups served a crucial role within these movements. Examples of such groups in contemporary group work practice will also be highlighted.

4:45 p.m. – 5:45 p.m.

Invigorating Group Supervision: An Empirically-Based Application of Group Theory and Practice.

Morgan Kiper Riechel, Ki Chae, Deneen Miller, & Joey Kayanan

How are theories of group work applied in group supervision in counselor education? A critical review of the literature identifies gaps related to 1) diversity and power dynamics, 2) the application of group processes into group work and, 3) substantiates a theory-based model for implementation at other university programs.

4:45 p.m. – 5:45 p.m.

Application of the Intercultural Model of Ethical Decision Making to Group Work in Schools

Melissa Luke, Kristopher M. Goodrich, & Dennis Gilbride

This presentation introduces the Intercultural Model of Ethical Decision Making. Using case scenarios focused on group work in schools, presenters will demonstrate how the IMED can assist in negotiating ethical dilemmas that involve cultural worldview tensions between the group worker, group members, and school. Handouts and references will be provided.

Saturday/February 11, 2012

4:45 p.m. – 5:45 p.m.

Leadership Development through Experiential Group Participation: A Qualitative Study

Kara P. Ieva

The qualitative inquiry describes the experiences of 78 counselors-in-training who participated in experiential psycho-educational groups of various topic areas as an adjunct to their group counseling course. Come here to hear how counselors-in-training perceive being members of this specific group and how it affected their personal and professional leadership development. Implications for educating counselors-in-training will be provided based on the clinical and academic experiences reported by the students, as well as directions for future research.

6:00 p.m. – 7:30 p.m. ***Poster Presentations/Reception***

6:00 p.m. – 7:30 p.m.

Group Counseling With United States Racial Minority Groups: A 25-Year Content Analysis

Rose Stark-Rose, Tina M. Livingston-Sacin, Niloufer Merchant & Amanda Finley

A 25-year content analysis was conducted of published group work articles that focused on five racial groups (African American, Asian American/Pacific Islander, Latino/a, Native American and Intercultural group). Implications for multicultural group work practice and research are discussed.

6:00 p.m. – 7:30 p.m.

School-Based Family Counseling and Adventure Based Counseling

J. Scott Glass and Kylie P. Dotson-Blake

Experiential group counseling techniques such as adventure based counseling use structured group activities that emphasize cooperation and increase adolescents' self-esteem and interpersonal skills, which are typical goals of school counseling programs. This presentation examines the usefulness of such programs in school settings, focusing particularly on school-based family counseling. Handouts provided.

6:00 p.m. – 7:30 p.m.

Preventing High School Dropout: A Group Counseling Approach

Sabrina N. Gilchrist & Tayuane Dewberry

Groups can help students graduate with a plan for post-graduation success. Through poster and handouts, the authors present literature and propose that not only is group work an effective way of counseling adolescents for behavioral change, but it is also an effective and economical intervention for high school dropout.

Saturday/February 11, 2012

6:00 p.m. – 7:30 p.m.

A Phenomenological Exploration of Group and Member Development in Experiential Groups

Jonathan H. Ohrt

The purpose of this program is to present the results of a phenomenological research study that investigated group and member development in experiential groups for counseling students. The researchers analyzed 10 weeks of journals for 16 students to explore their groups' development and their development as members. Handouts will be provided.

6:00 p.m. – 7:30 p.m.

Stress Reduction Clinic: Experiential and Psycho-Educational Groups

Kelly McDonnell, Mark St. Martin, Elaine Phillips, & Paula Andrasi

This presentation will illustrate the concept of a stress reduction clinic in a university setting, including the various experiential and psycho-educational group components. It will highlight the structure and logistical considerations of the clinic, the group activities used within each component, and the benefits and barriers. Handouts will be available.

6:00 p.m. – 7:30 p.m.

Experiential Based Support Group for Families Dealing with Childhood Illness

Corey May

A recent US Surgeon General's report on mental health looked at the area of children's services and described the shortage of services as a major health crisis. This support group targets this population with a unique combination of approaches including experiential activity, skills training, and community support.

6:00 p.m. – 7:30 p.m.

Group for Social-Emotional Preparation of Adolescents for the College Transition

Virginia S. Dansby

This session describes an 8-session psychoeducational group developed to assist adolescents in gaining closure on their high school experience and managing the stressors of transition into college. Handouts will be provided outlining each session of the group, which is based primarily on humanistic group leadership skills and cognitive behavioral strategies.

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6:00 p.m. – 7:30 p.m.

Logotherapy with Cognitive Processing Therapy for Treating Military-Related PTSD

Aaron James Smith

This presentation aims to illuminate the potential for using Logotherapy in adjunct to Cognitive Processing Therapy (CPT) for treating military-related PTSD. A 12-session plan using techniques within CPT will be discussed including challenging damaging thought-processes and how Logotherapeutic techniques such as De-Reflection and finding meaning in suffering can improve the intervention.

6:00 p.m. – 7:30 p.m.

School Counselors' Address the College and Career Readiness Initiative Throughout Massachusetts

Theresa A. Coogan & Kerri O'Keefe

This research summarizes one of the state-issued initiatives that is a part of the Race To The Top federal grant for Massachusetts. The project recommends the application of psychoeducational groups for the Middle and High School levels facilitated by School Counselors to meet the goals.

6:00 p.m. – 7:30 p.m.

The Gift of Legacy: A Group for Healing the Self and Beyond

Victoria L. Bacon

The “keeper of meaning”, that is, becoming caretaker or steward of one’s family legacy is an important developmental task of adulthood (Vaillant, 1993). The Gift of Legacy is an experiential group - a healing journey - for sharing and preserving life stories.

9:00 p.m. – 11:00 p.m. Dinner/Reception/Entertainment

Sunday/February 12, 2012

8:00 a.m. – 8:50 a.m. *Morning Sessions (6 rooms)*

9:00 a.m. – 10:30 a.m.

The Dance of Communication

Robyn Flaum Cruz

Paradoxically, therapy practice can objectify clients as well as therapists, distorting essential communications that impact on treatment and treatment adherence. Techniques from the profession of dance/movement therapy (DMT) such as, kinesthetic empathy, movement observation and nonverbal attunement can enhance clinicians' interpersonal skill set. This enhancement can improve assessment and treatment via effective client-provider relationships and communications. Didactic, experiential and discussion methods will be used.

9:00 a.m. – 10:30 a.m.

Stress Reduction Techniques: Self-Care and Group Treatment

Elaine L. Phillips

In this experiential workshop, participants will learn progressive muscle relaxation and body scanning techniques for personal stress reduction and group work. Participants will have the opportunity to process, ask questions, and discuss how to incorporate these techniques into groups. Handouts will cover references for practicing and for the clinical use.

9:00 a.m. – 10:30 a.m.

Spotting Existential Themes In Group Work

J. Michael Russell & Valerie L. Russell

We describe key themes in existentially oriented group psychotherapy, citing their roots in existentialist philosophy. Themes include: freedom; choice; responsibility; consciousness, meaning; isolation; death; authenticity; and identity. Handouts are provided. We indicate how these appear in three sorts of groups we co-lead, and encourage experiential participation from audience volunteers.

9:00 a.m. – 10:30 a.m.

How Well Do We Understand Our Clients' Experience? Development of the Conceptualization of Group Dynamics Inventory (CGDI)

Kevin A. Tate, Ana Puig, & Edil Torres Rivera

This program will highlight the development of an instrument (Conceptualization of Group Dynamics Inventory - CGDI), designed to measure group counselors' conceptualization skill. This instrument was developed to measure conceptualization skill by comparing the actual experience of group members with the conceptualization group counselors have of these group members' experience.

Sunday/February 12, 2012

9:00 a.m. – 10:30 a.m.

Addressing the Problematic Student in the Experiential Group

Kristopher M. Goodrich & Mellissa Luke

This session will review the current literature related to problematic counselors-in-training, with a specific focus on such issues occurring within the experiential group component in the CACREP (2009) curriculum.

Presenters will utilize group work case studies as stimuli to discuss the inherent concerns, as well as to explore potential interventions.

9:00 a.m. – 10:30 a.m.

Ethical Issues and Supervision Considerations for Group Work: A response to Facebook.

Tanner Babb

The goal is to educate group counselors on how to handle clients, supervisees and students ethically in light of Facebook. Currently, ACA Ethical Guidelines and ASGW Best Practice Guidelines do not address online social networking sites. Presentation and handouts will highlight strategies to address Facebook and resources available to counselors.

10:45 a.m. – 12:00 p.m.

Closing Session